

Ephrata Athletic Department

EPHRATA AREA SCHOOL DISTRICT

803 Oak Blvd.

Ephrata, PA 17522

To: Ephrata Area School District Parents/Guardians
From: Tommy Long, Director of Athletics
Date: May 2009

Re: Procedure for Sports Physicals

Once again we are going to be using a comprehensive initial pre-participation physical evaluation (CIPPE) form. Sections 1-4 are to be completed prior to participating in a student's first sport in a school year. The form must be completed and signed by a physician and the parent/guardian and turned into the Athletic Trainer before participation. **Only the CIPPE form, sections 1-4, is acceptable.** Physicals for all sports cannot occur before June 1st for the 2009-10 school year.

A student completing a CIPPE, and seeking to participate in subsequent sport(s) seasons in the same school year, must complete Section 5 - PIAA Re-Certification by Parent/Guardian and turn in to the Athletic Trainer. The athletic trainer will then review the form and determine whether the student needs to be re-evaluated and re-certified by a Medical Examiner, who in turn will complete Section 6. The form must then be turned in to the Athletic Trainer before participating in any practices or games.

JR High Sports: Cross Country, Field Hockey, Football, Wrestling, Boys & Girls Soccer, Boys & Girls Basketball, Boys & Girls Track & Field and Cheerleading.

Senior High Sport: Cross Country, Field Hockey, Football, Golf, Bowling, Swimming, Wrestling, Baseball, Softball, Boy & Girls Soccer, Boys & Girls Tennis, Boys & Girls Basketball, Boys & Girls Volleyball, Boys & Girls Track & Field (including Winter Track), Cheerleading, Boys & Girls Lacrosse and Rifle.

Once again, Ephrata Area School District is offering athletic physicals for the cost of \$5.00. Last names beginning with A-L are scheduled for physicals on June 10, 2009 from 5:00 pm – 8:00 pm. Last names beginning with M-Z are scheduled for physicals on June 17, 2009 from 5:00 pm – 8:00 pm. All physicals will be offered in the High School, please use the gym entrance. If you are unable to attend on your scheduled date, just call the athletic office (717-721-1478) and request a time of the other date. This will be the only time the school district offers physicals for the 2009-10 school year.

These sports physicals are for any Ephrata student who will be entering 7-12th grade in September 2009 who wants to participate in any of the sports listed above.

Any questions can be directed to the Athletic Director's office, 717-721-1478.